A CLUB & LIFESTYLE A BOYE THE REST

#6 COURSE IN NORTH CAROLINA GolfWeek

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CHAMPION HILLS

1 Hagen Drive | Hendersonville, NC 28739 | 828.696.1962 | Championhills.com

We had a great visit from Henderson County Career Academy, in partnership with Blue Ridge Community College on Thursday, November 14. The Henderson County Career Academy prepares students for the 21st century life with encouragement to develop understanding and compassion for self and others by using technology and other resources to enhance their spiritual, physical, intellectual, and social growth.



Darlene Parent. Counselor/Career Development Coordinator for the Academy brought 9 students to hear about Career opportunities at Champion Hills. Rick Englehorn, Ryan Spesock and I shared our Hospitality journeys which all began in our teenage years, and let them know about the life experiences and advancements that are available within the hospitality arena. As we toured our facility the students shared some of their own stories and were interested in jobs that we currently have available. We will continue to build these relationships in the community in hopes of creating life long careers for these students which start

by delivering excellent service to our Members at Champion Hills.

In other news, the Management Team has been collaborating to produce a robust Social Calendar for 2020. We will keep our staple events which our Members continuously support, and you will see several additions such as pasta nights, pizza to-go, wine education, unique entertainment shows, beer dinner, theme dinners, lunch cooking demos and more.

Tanto Irrigation and Brian Vinchesi continue to send us updates regarding the installation, which is moving along on time and on budget. At this point, the mainline pipe was installed throughout the entire back nine and also on holes #1 through #3, #4 tees, #8 through #18, the practice green and across the range. Sprinklers are installed on #11 fairway, #14 fairway, #15 fairway and tees, #16 fairway #18 tees and #18 fairway. We were pleased to work out an arrangement with Flat Rock Playhouse for housing the irrigation crew, as the first few weeks they were commuting from North Asheville, which was quite drive after working 10 hour days. We were able to get them closer to Champion Hills and give Flat Rock Playhouse some rental income during the winter months, which is a win win for our entire community. The driving range comfort station also broke ground in late October, as we had a few rain delays related to the installation of the septic tank. At this point it has been installed, approved and permitted. J Davis has poured the cement footers for the foundation and the vertical construction will continue. We are looking at a finish date in January for the comfort station.

We thank all of our Members this Holiday Season for your support of the Angel Tree and the Employee Holiday Fund. The team truly appreciates your generosity and support so they can spend quality time with their families and friends.

Wishing you a wonderful Holiday season from all of us at Champion Hills.

Be well,

Dana Schultz, PGA

THE STORIED LIFE OF GEORGE YUHASZ

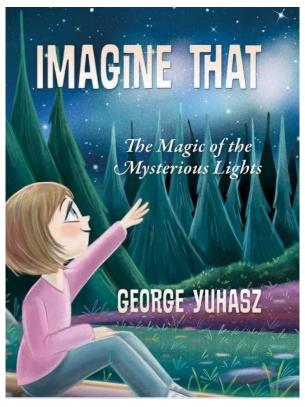
By Heather Myers

Life is full of serendipitous adventures... and if you look at the life of Champion Hills Member George Yuhasz, you'll see just that.

How do you make the shift from Special Agent and Intelligence Officer to Award-Winning Children's Author? Believe it or not, the story begins with the fairytale character Rapunzel.

About 2 and a half years ago, George and his wife Susan were at their granddaughter Evelyn's 7th birthday. They watched the kids playing and running around in the back yard, doing crafts and having an all-around good time. Then Rapunzel showed up, and he watched their imaginations ignite.

"I watched them dance and play with Rapunzel, never for a moment doubting they were princesses in that moment too," George recalled. This display of imagination running free truly resonated with him and stirred up fond memories from his own childhood. George spent a big part of his childhood days with his grandmother Tessa. "My Grandmother had a profound gift for storytelling. As I thought about her memory and honoring her, I realized I wanted to carry on her legacy and tell... write... a story for Evelyn."



The story would ultimately take shape around a young girl-learning the beautiful, powerful gift of imagination, and all- the wonder and knowledge that comes along with it. He titled the story "Imagine That: The Magic of the Mysterious Lights."



Susan beams with pride as she recalls, "When I heard his idea to write Evelyn a story, I thought he was going to do a hand written, hand illustrated book for her. I had no idea he was going to take it through publishing and finding an illustrator. Though, with his talent for follow-through, I shouldn't have been surprised."

George cleverly wove in personal touches to make *Imagine That* even more special for Evelyn such as adding a reference to her great-great-grandmother Tessa's "what-not" cabinet. He also crafted a very detailed and clear vision of how the characters and illustrations should look – the magical oasis of the backyard that inspired him originally, the life-like rendering of Evelyn herself and even her cat Frodo. All of these elements were essential in creating the perfect story and a big part of the next leg in the process: publishing.

During his career, George had to pay extreme detail to his surroundings and describe event he smallest nuances. It was a critical part of his job. This skill detailing to the finest point made George into a illustrator's dream, which was the final part of bringing his book to life.

With the perfectly illustrated story published, it was time to present it to Evelyn - just in time for her 9th birthday. George gets a tear in his eye as he lovingly recalls, "it was a beautiful, tender moment for us all. She was thrilled and proceeded to read it aloud." Susan agreed, "She loves the book now, but I know it is something that she will treasure and love forever."

The praise of Evelyn and his friends encouraged George to expose *Imagine That* to a broader audience. George began reading at local libraries and coffee houses, selling his work online, submitting his work to competitions, posting on social media and even hosted a special reading for Champion Hills' Camp Champ Kid's Camp. All the hard work has paid off because *Imagine That: The Magic of the Mysterious Lights* was recently awarded the Independent Author Network Book of the Year Award for Outstanding Children's Fiction Illustrated Category, and it was also a finalist in the Children's/Juvenile Fiction Category. Champion Hills is so very proud of George! And, just in time for the holidays, *Imagine That* is available online at Amazon or Barnes & Noble. Or, if you want a personalized, signed copy you can contact George directly to purchase the book.



What started as a gift for his granddaughter has certainly turned into an exciting next chapter in George's life, but it has also been an adventure in personal growth. He's learned a lot about himself and what mark he wants to make on the world in this new phase of life.

"Creating something from the heart and soul that makes a difference in someone's life makes me joyful. Writing stories helps me do that. Awakening my sensitive and creative side has been challenging, but very empowering and enlightening," George says. He continued, "This whole journey has led me beyond any expectations! Through the magic of social media, I am reconnecting with my old friends and colleagues. And, even better, spreading joy and inspiring imagination in children."

Now for the million-dollar question, does George's story have a sequel in the works? "Mmmm, something like that", he says with a side smile and a twinkle in his eye.



To learn more about George and his journey check out his website and social media pages!

www.georgeyuhasz.com
Facebook | @georgeyuhasz,author
Twitter | @georgeyuhasz

WNC HAPPENINGS

A Flat Rock Playhouse Christmas Flat Rock Playhouse, December 1 -22

Bullington Gardens Holiday Sale Bullington Gardens, December 6-7

National Gingerbread Showcase
Onni Grow Park Inn, through January 5

Christmas Parade

Downtown Hendersonville, December 7

DECEMBER DINING

No dinner service Sunday -Tuesday Lunch only on Tuesdays

Wednesday Dinner Service -Burger & Rib Night

Thursday Evenings -Thirsty Thursday

Friday Dinner Service - Prime Rib Night

The Admin Office
wishes everyone a safe
E Happy
Holiday season!

Congratulations to team
"Quizzley Bears" for their
victory at November's Trivia Night!

Take a brain break in December - Trivia Nights resume in January!





HOLIDAY TEA & CRAFTS

FRIDAY, DECEMBER 13 2-4 PM

Tea: 10 | Tea & Craft: 20

Come enjoy this holiday tradition with the Ladies of Champion Hills. Feeling crafty? Cathy will help you make your very own Painted Swirl Glass Ornament.



DANCE IN THE NEW YEAR

December 31 | \$95

Join your friends and celebrate the new year in style while dancing and indulging on tasty late night bites

Two complimentary toasts at 10 pm & Midnight

FEATURING THE MIGHTY KICKS

Home for the Holidays

Holiday Catering

Treat your family, friends and neighbors to the great taste of Champion Hills this holiday!

From the Roasting Pan

10 - 15 lb All Natural Turkey | 6 - 8 lb Neuske's Spiral Sliced Ham
5 lb Beef Tenderloin

Accompaniments

Mixed Greens Salad & Vinaigrette | Mashed Potatoes | Gravy Fresh Vegetable Medley | Green Beans with Bacon & Onions

Desserts

Christmas Pudding & Hard Sauce | Pecan Pie | Apple Pie Chocolate Flourless Torte | Assorted Cookies & Brownies

Platters

Shrimp Cocktail | Artisan Cheese

All orders must be received by Tuesday, December 17 and must be picked up no later than 1:30 pm on Tuesday, December 24. The Club will close at 2 pm. For more information please visit chmember.com or call Cathy Brovet at 828.696.1962



STAY CONNECTED WHILE YOU'RE AWAY!

As you travel and explore the world this season, stay connected with your Champion Hills family through our "**HOW FAR CAN YOU GO?**" social media campaign.

Here is how to participate:

- 1. Be sure to pack your favorite CH logo shirt/apparel
- 2. Take a photo of you with the CH logo wherever you travel
- 3. Tag us on Facebook at @ChampionHillsCommunity telling us where you are traveling

It's that simple! At the end of February we will award two winners:

- 1. Who traveled the furthest from the Champion Hills Clubhouse with their CH logo
- 2. Most Unique Destination traveled with their CH logo

All submissions must be submitted by January 31, 2020.

The winners will receive a feature in the March Echoes Issue and a complimentary gift basket.

If you have any questions please feel free to reach out to the Admin Office!

Need a refresher on how to tag a page on Facebook? Check out this quick video.

CHEF'S CHOICE

With the holiday season fast approaching, I love to combine fall flavors like apples, cranberries, and brown sugar, with warm spices like ginger, cinnamon and nutmeg. This apple chutney recipe is currently featured on our salmon entrée on the dinner menu. But, it would also be a great accompaniment to grilled or roasted pork or chicken, a great addition to any cheese board, or as a spread on a warm sandwich like a turkey melt on a pretzel roll. I hope you enjoy it as much as I do.

- Blake Johnson, Executive Sous Chef

APPLE GINGER CHUTNEY

Ingredients -

2 lbs. diced Gala apples

2 lbs. diced Granny Smith apples

2 lbs. diced yellow onions

8 oz. dried cranberries or craisins

3 tbl. ground ginger (or 2 oz. fresh grated ginger for more kick)

1 tsp. cinnamon

½ tsp. nutmeg

2 lbs. brown sugar

16 oz. malt vinegar

16 oz. cider vinegar

Instructions-

Note: Make sure the 2 lb. weight is diced product, not whole apples

- Sweat onions till translucent
- Add apples and cook gently to soften
- Add remaining ingredients and simmer until thick
- Season to taste with salt and pepper

Cool Quickly and Store Covered



COMING IN THE NEW YEAR!

The Food & Beverage department has worked hard to create an active and scrumptious calendar for the new year. Be sure to keep an eye out for the new events coming soon! Some of these new events include:

- Pasta Night & Pizza To Go
- More Wine Dinners!



GOLF NEWS December 2019

WINTER LESSON SERIES IS BACK!

The professional staff will be offering a winter lesson series that will run December through March and will cover all aspects of the game or target a specific area. Buy 3 get 1 free!

HOLIDAY SALE IN THE GOLF SHOP

Come by on Tuesday, December 10 from 3:30 - 5:30 for complimentary wine and cheese and free gift wrapping! This is a great opportunity to use your golf shop credit that expires at the end of the year. Contact the golf shop to see if you have a balance.

TIP FROM THE PRO: PLAYING IN WINDY CONDITIONS

by Mike Steele

With the winter season approaching, so do the windy conditions. Below are some important tips to know when it comes to hitting solid shots and controlling your golf ball when playing in the wind.

- 1. Judge the Wind This is vital when it comes to controlling the direction of your ball and club selection. Determine if the wind is left to right, right to left, in to you, or downwind. Remember, if you are into the wind you may have to take more club and if you are downwind take less club.
- 2. Rhythm The harder you try and hit the golf ball the more spin you put on it. The more spin the more the wind affects the shot. Focus on a smooth swing that is in rhythm and you will notice yourself striking the ball more solidly. You may have heard this before, "When breezy, swing easy."
- 3. Take a Wider Stance The wind can move you around and affect your balance. To counteract that, widen your stance. This lowers your center of gravity and helps to maintain a solid base into the ground.



The new golf simulator is available to use during the winter months. Come practice on the indoor range or even play Pebble Beach! This is a great way to keep your game sharp during these cold winter months! Contact the golf shop to reserve a time.

GROUP EXERCISE

MONDAY

8 AM - Begin to Spin 9 AM - NIA 10:15 AM - Strength-45

TUESDAY

8 AM - Yoga Basics 9:30 AM - Barre 12:30 AM - Chair Yoga

WEDNESDAY

8 AM - Pilates 9:30 AM - Jazzercise 10:45 AM - Slow Flow Yoga

THURSDAY

8:15 AM - Spin 9:30 AM - Strength-60

FRIDAY

8 AM - Pilates 9:30 AM - Jazzercise

SATURDAY

9 AM - Spin

SUNDAY

8:30 AM - Slow Flow Yoga + Core

HOLIDAY GROUP FITNESS CLASS CANCELLATIONS

Spin | Dec 19 - Jan 5 NIA | Dec 23 All | Dec 24 -25 & Jan 1

MINI MASSAGES ARE BACK!

Monday, December 9 | 11:20-2:20

20 minute complimentary mini chair massages with licensed massage therapist Jan McKinney.

First come first serve, contact Mackenzie to reserve your space.

*Gratuity is welcome.

NEW GROUP FITNESS CLASS!

Chair Supported Yoga Tuesdays | 12:30 - 1:30 pm

Join Jenne weekly as she guides you through a 1-hour chair supported yoga class. With the added support of our fitness chairs, this class emphasizes improving balance and core strength, as well as therapeutic stretches to relieve back, neck, and joint pain.





THE PERFECT STOCKING STUFFER!

Get your personal training session in bulk with Mike

10 Half-Hour sessions | \$320

10 One-Hour sessions | \$460

NOW OFFERING ONE-ON-ONE BODY ROLLING SESSIONS

With CH Personal Trainer TJ Vore | 45 minutes | \$45

Certified in the Yamuna method this approach teaches life-long solutions for flexibility and movement using specifically designed balls to activate and align muscles and bones. This method also helps to improve posture, increase range of motion, increase flexibility, and improve circulation. Body rolling sessions are suitable for everyone! Book a session with TJ by calling 828.606.8887 or emailing her at pd2fitness@gmail.com.



REAL ESTATE LISTING OF THE MONTH

174 Chattooga Run | \$795,000



Located on a lovely wooded knoll, this fabulous home has the perfect amount of mountain flair for warmth and character, but light and bright with clean lines. The open floorplan makes entertaining a breeze and the chef in the family will love this kitchen. Knotty Alder cabinetry and island, stainless appliances and lots of granite counter space. The beautiful great room has decorative stained beams and handsome stone fireplace with gas logs. Sliding doors lead to the expansive deck and covered porch with fabulous views of the magical wooded setting. You'll love the peace and privacy. Back inside is the perfect office which has another fireplace

and plenty of built-ins to display what's special to you. There's a spacious master suite and laundry on main. Downstairs has a large family room, 2 guest suites and plenty of storage/workshop space. Just 8 minutes from downtown Hendersonville and grocery stores, restaurants, galleries, dining, live entertainment.





For more information please feel free to reach out to Beverly-Hanks Agents, Mary Kay Buhrke or Amber Saxon 828.693.0072 | ChampionHillsTeam@Beverly-Hanks.com

December

2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
						Holiday Party
8	9	10	11	12	13	14
Brunch Buffet	Clubhouse Closed		Burger & Rib Night	Thirsty Thursday	Prime Rib Night	Saturday Night Dining
15	16	17	18	19	20	21
	Clubhouse Closed		Burger & Rib Night	Thirsty Thursday	Prime Rib Night	Saturday Night Dining
22	23	24	25	26	27	28
Hanukkah Starts	Clubhouse Closed	Clubhouse Closes at 2 pm	Clubhouse Closed Christmas Day	Thirsty Thursday	Prime Rib Night	Saturday Night Dining
29	30	31	1	2	3	4
	Hanukkah Ends Clubhouse Closed	New Year's Eve Party	Happy New Year! Clubhouse Closed	Thirsty Thursday	Prime Rib Night	
5	6	7	8	9	10	11