

# ECHOES

March 2020



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## BUBBA BUDDHA & SWEET GERALDINE

Western North Carolina is known for a lot of things such as a place for beautiful outdoor adventures and being a “Foodtopia”. But in the last twenty years, our region is becoming known for our craft beer scene. Henderson County has 9 breweries (plus 3 wineries, 1 meadery and 2 hard cideries) along its “Cheers Trail”. Just a short drive to Asheville, NC and you’ll find even more. Considered the “Craft Capitol” and “Beer City USA”, Asheville boasts more breweries per capita than any other place in America. On any given day in WNC, you can sample over 100 unique beers, which makes our little corner of the Blue Ridge Mountains the beer lover’s Napa Valley.

With such a robust brew scene, it’s no surprise our members enjoy partaking of the region’s finest creations. But it may surprise you to learn we have our own craft brewer right in our community: Bubba Buddha himself, Mike Swartzlander.

A beer enthusiast, Mike’s eyes were opened to craft brews as he travelled around the globe for his work. And although it wasn’t the reason the Swartzlanders moved to WNC (they moved to be closer to the grandkids), the region’s growing reputation for a good craft brew was certainly a perk. With a little added encouragement from his aspiring brewer sons-in-law, Mike embraced the resources of the area and decided to learn the art of brewing. He chuckled, “We’re living in nirvana for beer lovers! How could I not?”

Seven years later, Mike continues to create brews under the name “Bubba Buddha”, a nod to his love of Buddha statues from his travels abroad. “My favorite beer to brew is a Saison. No matter how many times you brew it, based on the temperature of the fermentation, it will taste different every time,” explains Mike, “plus the Mrs. loves it too.”

Last year, Mike decided to put his hobby to work for a good cause - the Champion Hills Employee Scholarship Fund. He added his skill to the 2019 silent auction, offering a totally customizable, one-of-a-kind craft beer brewing experience from ingredient selection through bottling. The lucky winners? Geri and Michael Clifford!

Both Geri and Michael love beer and she initially thought they simply purchased some nice craft brews for a good cause. Geri recalls, “When I realized what Michael actually bid on - that it was so much more than a few cases of good beer- I was over the moon!”

The Cliffords left most of the details to the trusted master brewer, Bubba Buddha. “We didn’t give him much to start with - all we knew was that we wanted a lighter pale ale”, stated Geri. Mike took his time and really got to know the Clifford’s palates. After much discussion of what they liked and didn’t like, inspiration struck. “I selected a light, crisp, non-hoppy Pils, an Ale with some Lager characteristics”, Mike decided.

The entire process took about 6 weeks, and Mike updated the Cliffords on the status of their creation every step of the way. Geri said, “We could be as hands on as we liked in the entire process. I had no idea how much time and work went into brewing beer.... But it was totally worth it. This turned out to be my favorite beer of all time!”

When the brew was complete, there were two more details to resolve - the label and the name. Michael Clifford quickly professed his favorite part of the experience, aside from enjoying the finished product, was naming their creation. “Sweet Geraldine’s Ale” was the only name on the table. Geri smiled and shook her head as Michael explained that the name came naturally to him as his wife is known for being so sweet and it was the only name worthy to represent their custom brew. As for the label, Mike incorporated elements from a picture of a butterfly that Geri found to be mesmerizing in her Champion Hills backyard. Sweet Geraldine’s Ale was complete.



The Cliffords got their first taste of Sweet Geraldine's Ale over the Thanksgiving holiday with their granddaughter who was visiting. Geri says, "She thinks we are the coolest because none of her other friends have grandparents with a beer named after them! This entire experience was truly remarkable, and more being involved in the process made the final product even more enjoyable."

Mike and the Cliffords remain close after their brew experience. Mike says, "It was a pleasure getting to know Mike and Geri during this experience. This journey was a lot of fun for me and it was truly special donating to the Employee Scholarship Fund. I hope to do it again next year."



**FEBRUARY TRIVIA WINNERS!**

*Back to Back Winners,  
The Brain Trust!*

Susan & Jorge Cano,  
B.T. & Sallie Alexander  
and Carol & Richard Kemp



# Babies Need Bottoms

## Diaper Drive

March 23 - April 6, 2020

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Diapers cost the average family over \$80 per child each month.  
Help local families keep their babies clean and comfy!

Babies Need Bottoms is a local charity that helps families get the supplies they need to create a safe and stable home for their little ones.

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We will be collecting diapers of all sizes and brands to help families in need.

All new and open packages will be accepted, as any donation will be appreciated.

Please bring all donations to the Admin Office by April 6, 2020.

# GET READY FOR A SUMMER CULTURAL TREAT: BREVARD MUSIC CENTER GALA

Brevard Music Center's 2020 Summer Festival program is out and can be seen online at [brevardmusic.org](http://brevardmusic.org). Highlights include non-classical artists including Judy Collins and Béla Fleck, plus core symphony, chamber, and opera masterpieces by Beethoven, Mahler, and Mozart, among many others. Young and young at heart alike can experience special performances, such as the Fourth of July Patriotic Pops, and encourage a new generation of classical music fans with Disney in Concert: "The Lion King" (Live Action) on the big screen with live orchestra.

We get to sample the program first at the 27th annual Champion Hills Brevard Music Center Gala on Monday, June 29. Details will follow shortly.



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## PURCHASE YOUR CHAMPION HILLS BRICK TODAY

It has been a few years since we last offered our brick engraving program to the membership. After receiving interest and requests, we are once again offering you the chance to order your very own personalized brick to be installed at the Driving Range. All funds will be used for course enhancements.

[\*\*CLICK HERE TO DOWNLOAD YOUR ORDER FORM\*\*](#)

All orders are due by Monday, March 9.

Have you checked out the Champion Hills Bird Guide that member, Chuck Darnell, created?

This interesting guide can be found on [CHmember.com](http://CHmember.com) and we encourage you to discover the local birds that share our community.





**MARCH 5**

Italian Wine Dinner  
Dinner | 6:30 pm



**MARCH 14**

“The Mentalist” Mark Stone  
Dinner Show  
Cocktails | 5:30 pm Dinner | 6 pm Show | 7 pm



**MARCH 17**

Culinary Course:  
*Dressings and Vinaigrettes*  
Course | 11 am Lunch | 11:30 am



**MARCH 25**

Grapevine Gals  
Reception | 6 pm Tasting | 6:30 pm

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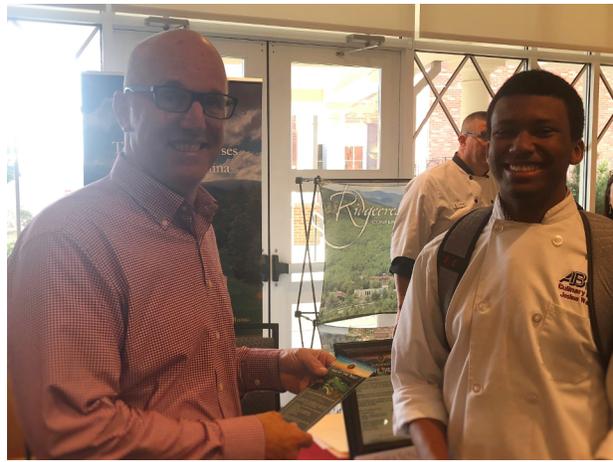
**WNC HAPPENINGS**

Vegetable Gardening Basics | March 18  
*Bullington Gardens, Hendersonville, NC*

Cause for Paws Luncheon | March 24  
*Champion Hills Club*

Brunch Festival | March 28  
*Greenville, SC*

Food and Beverage Director, Rick Englehorn, has been hard at work recruiting fresh, new talent to work at the club! He recently visited the AB Tech Food & Beverage Job Fair as well as the Western Carolina University Career & Networking Day. We can't wait to see what delicious things they whip up this summer!



As a reminder, we will close our dining services on Saturday, March 28 to conduct our annual Food and Beverage Bootcamp Training Day. Last year this proved very successful in training our staff and raising our service standards.



## INTRODUCING... GRAPEVINE GALS

Grapevine Gals is a wine lovers delight that switches up the regular Ladies Night Out schedule. Join your friends for a short, educational wine tasting series along with scrumptious hors d'oeuvres.

Learn how women wine-makers and vineyard owners are influencing the industry. Then, sit back, mingle with your friends and enjoy the night.

**THIS MONTH'S FEATURE  
VINEYARD IS ...**

**MCBRIDE SISTER'S VINEYARD**



**M<sup>c</sup>BRIDE SISTERS  
COLLECTION**

## MEET CRAIG SPARKS, ASSISTANT GOLF PROFESSIONAL

Craig grew up in the mountains of Western North Carolina. After High School, he attended Lenoir-Rhyne University in Hickory, North Carolina where he graduated in 2002 with a Bachelor's Degree in Environmental Studies and a Concentration in Earth Science. He was also a part of Lenoir-Rhyne's Men's Golf Team.

Craig is an accomplished player through many years of collegiate, amateur, and professional events. He has been a PGA Member since 2008 and spent the majority of his working career employed in the golf industry as a PGA Golf Professional at many well renowned private club locations including Grandfather Golf and Country Club, Old Tabby Links at Spring Island and most recently the Country Club of Asheville.

Away from work, Craig and his wife Michelle are involved in the lives of their two children, Charlee (11) and Eevee (5), and are active members in their community.

Craig is very excited to begin a new journey at Champion Hills and please stop by and welcome him to the family.

Contact Craig at [proshop@championhills.com](mailto:proshop@championhills.com).



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## TIP FROM THE PRO: RELAX YOUR HANDS

*by Scooter Buhrman*

To increase clubhead speed, most players need to decrease the pressure in their hands and arms. A light grip and relaxed arms will serve to relax your body at address and give you the flexibility to make a full turn and a free arm swing at top speed. Tension, on the other hand, restricts your shoulder turn and inhibits your arm and hand speed. How light is light? Light means enough to feel the clubhead as it travels around the arch.



# 2020 Masters Square Pool

## HOW IT WORKS

*Similar to Super Bowl Squares, participants will write their name inside the square(s) of choice. Each square will cost \$20, which can be paid via member charge. After completion of the second round of the Masters Tournament, the top 20 players on the leaderboard will be placed onto the square board. The combined final score in relation to par will determine winners. Squares will be available from March 10 through April 8 or until the board is full.*

## PRIZES (GOLF SHOP CREDIT)\*

*1st Place: \$1,000      2nd Place: \$600*

*3rd Place: \$300      Last Place: \$100*

*\*Based on full field. Will be adjusted accordingly if not filled*





## BALANCE & STABILITY FOR GOLFERS

4 Week Specialty Class

Mondays 11:15-12:15 | Starts March 9

Join Loretta as she guides you through techniques to improve your balance creating more stability as you swing your golf club.

\*Please bring your favorite driver.

### MEET LORETTA

Loretta has been teaching yoga, movement, and meditation for 17 years. While Loretta loves sharing yoga with people of all ages her passion is in sharing workplace strategies to help people feel better while on the job. Our body craves movement and our minds crave stillness. Loretta can help any individual find a balance. She is an expert in muscle tension release techniques and loves to share her knowledge with others.



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### WELLNESS FIT TIP

Love peanut butter but the fat content has you down? Try PB Fit. This is peanut butter goodness in powder form with a fraction of the fat and calories. A 2-tablespoon serving is 70 calories and 2 grams of fat. Add it to a smoothie for a protein kick or mix it with water to turn it into the creamy peanut butter you know and love.

You can pick it up on Amazon.



# MARCH 2020

## GROUP FITNESS SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 am Slow Flow- Core Yoga	2 8 am Begin to Spin 9 am NIA 10:15 am Strength 45	3 8 am Yoga Basics 9:30 am Barre 11:45 am Chair Supported Yoga	4 8 am Pilates 9:30 am Jazzercise 10:45 am Slow Flow Yoga	5 8:15 am Spin 9:30 am Strength 60	6 8 am Pilates 9:30 am Jazzercise	7 9 am Spin
8 8:45 am Slow Flow- Core Yoga	9 8 am Begin to Spin 9 am NIA 10:15 am Strength 45 11:15 am Balance for Golfers	10 8 am Yoga Basics 9:30 am Barre 11:45 am Chair Supported Yoga	11 8 am Pilates 9:30 am Jazzercise 10:45 am Slow Flow Yoga	12 8:15 am Spin 9:30 am Strength 60	13 8 am Pilates 9:30 am Jazzercise	14 9 am Spin
15 8:45 am Slow Flow- Core Yoga	16 8 am Begin to Spin 9 am NIA 10:15 am Strength 45 11:15 am Balance for Golfers	17 8 am Yoga Basics 9:30 am Barre 11:45 am Chair Supported Yoga	18 8 am Pilates 9:30 am Jazzercise 10:45 am Slow Flow Yoga	19 8:15 am Spin 9:30 am Strength 60	20 8 am Pilates 9:30 am Jazzercise	21 9 am Spin
22 8:45 am Slow Flow- Core Yoga	23 8 am Begin to Spin 9 am NIA 10:15 am Strength 45 11:15 am Balance for Golfers	24 8 am Yoga Basics 9:30 am Barre 11:45 am Chair Supported Yoga	25 8 am Pilates 9:30 am Jazzercise 10:45 am Slow Flow Yoga	26 8:15 am Spin 9:30 am Strength 60	27 8 am Pilates 9:30 am Jazzercise	28 9 am Spin
29 8:45 am Slow Flow- Core Yoga	30 8 am Begin to Spin 9 am NIA 10:15 am Strength 45 11:15 am Balance for Golfers	31 8 am Yoga Basics 9:30 am Barre 11:45 am Chair Supported Yoga				



# 2020 Real Estate Market Forecast

Thursday, March 19, at 3:00PM

presented by

## Beverly-Hanks

REALTORS®

Please join us for refreshments on March 19, at 3:00PM in the Mountain View Dining Room where Beverly-Hanks' president, Neal Hanks, and their luxury marketing specialist, Sandra Alguire, will present an overview of the real estate trends impacting Western North Carolina and specifically our Champion Hills community.

Included in the presentation will be the five luxury real estate trends affecting sales. It is sure to be an informative discussion; we hope to see you there.



**Sandra Alguire**  
LUXURY MARKETING SPECIALIST  
[salguire@beverly-hanks.com](mailto:salguire@beverly-hanks.com)



**Neal Hanks**  
PRESIDENT  
[neal@beverly-hanks.com](mailto:neal@beverly-hanks.com)



BEVERLY-HANKS.COM

# 2020 Discover Local



Learn more about the community and the place we call home. We live in a region of the country where there is always something new to do and try, why not do it with other members from the club?

## **May 26 | Dinner & Drinks Downtown HVL**

Have a welcome back dinner and meet some new members at a local favorite. Good drinks and bites always are a good way to start the season. Location and menu details to come.

## **June 18 | Ladies “Tea” Time**

Calling all ladies, is your spouse taking part of the Men’s Member-Guest or are you just looking for a ladies day out? Step out for a high tea and light brunch.

## **July 10 | Foothills Foodie Tour—Greenville, SC**

Discover well-known venues and hidden gems while exploring historic downtown Greenville on one of the Foothill Foodie food and cocktail walking tour.

*\*We will investigate more event dates in the fall depending on interest shown.*

# WE ASKED FOR YOU TO SHARE YOUR VACATION PHOTOS AND YOUR RESPONSE WAS FANTASTIC!

Everyone that submitted thier photos traveled a combined 53,748 miles...thats more than 2 trips around the world!

## MILES FROM CHAMPION HILLS:

1. Antartica - Marion Donovan | 9,033
2. Seychelles, Africa - Jean Pierre & Linda Fioud | 9,023
3. Cochin, India - Scotty Wood & Stephanie English | 9,013
4. Muriwai Beach, New Zealand - Bruce & Diane Hoffman | 8,345
5. Tokoriki, Fiji - Lee & Barbara Mandell | 7,481
6. Mendoza, Argentina - Ed Kearns | 4,790
7. Munich, Germany - Patrick Buhrke | 4,624
8. Hawaii - Ken & Susan Thomas | 4,499
9. Hawaii - Bob & Diane Hansberry | 4,499
10. Masaya, Nicaragua - Med & Lisa Cadiz | 3,094
11. Melbourne Beach, Florida - Jancie Bravo & Carol Novosad | 605
12. Kennedy Space Center, Florida - Bravos & Keenans | 571
13. Savannah, Georgia - Ken & Susan Thomas | 237

Thank you all for sharing your Champion Hills logos and vacations with us this winter! We cannot wait to see where else you travel over time.

To check out all of the destinations, take a look at the full map posted in the Fazio Pub.

**AND THE WINNERS ARE.....**



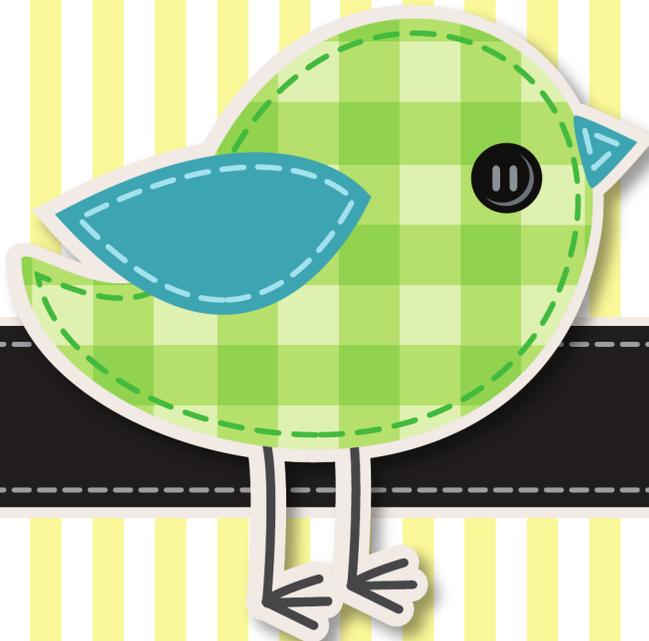
Drum roll please....though the competition was tight, the furthest distance traveled award goes to Marion Donovan!

She traveled to Antartica and spent alot of time staying out of the way of the friendly penguins while trying to stay warm. Her total distance traveled from Champion Hills was 9,033 miles.



Our prize for the most unique trip goes to the Bravos and the Keenans for thier trip to the 'moon' at Kennedy Space Station.

#CHAMPIONHILLSNC



March

2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Clubhouse Closed	3	4 Trivia	5 Italian Wine Dinner Thirsty Thursday	6 Prime Rib Night	7
8 Daylight Savings	9 Clubhouse Closed	10	11 Burger Night	12 Thirsty Thursday	13 Prime Rib Night	14 Mark Stone "the Mentalist"
15	16 Clubhouse Closed	17 St. Patrick's Day Culinary Course	18 Pasta Night	19 Thirsty Thursday	20 Prime Rib Night	21
22	23 Clubhouse Closed	24	25 Burger Night Grapevine Gals	26 Thirsty Thursday	27 Prime Rib Night	28 No Dining Service: F&B Bootcamp Training Day!
29	30 Clubhouse Closed	31	1	2	3	4
5	6	7	8	9	10	11